

**Hudson Crossing Triathlon**  
**Sunday, June 13, 2010**  
**Timed by YellowJacket Racing**  
**Total Finishers: 141 (74 Male, 59 Female, 8 Teams)**

Pos	Bib	Fullname	Gender	M/F/T	Place	Class	Age	SwimTm	T1Tm	BikeTm	T2Tm	RunTm	TotalTm
1	79	Brian Trainor	M		1	Overall Male	19	0:08:00	0:00:29	0:32:11	0:00:38	0:18:55	1:00:13
2	117	Patrick OKeeffe	M		2	Overall Male	34	0:05:54	0:00:44	0:31:59	0:00:29	0:21:08	1:00:14
3	211	Michael Halstead	M		3	Overall Male	43	0:06:59	0:00:48	0:31:44	0:00:31	0:20:14	1:00:15
4	123	Keith Murray	M		4	M35-39	36	0:05:56	0:00:52	0:33:47	0:00:43	0:20:55	1:02:12
5	216	Jon Hussey	M		5	M40-44	43	0:07:01	0:00:55	0:33:12	0:00:40	0:21:20	1:03:07
6	108	Jason Hart	M		6	M30-34	31	0:08:42	0:00:42	0:34:13	0:00:29	0:19:59	1:04:05
7	218	Steve Becker	M		7	M40-44	43	0:08:57	0:01:02	0:32:49	0:00:39	0:20:48	1:04:15
8	426	Steven Vargo	M		8	M20-24	21	0:08:15	0:01:01	0:34:15	0:00:39	0:21:40	1:05:50
9	71	Hoosic Valley Grads	TEAM		1	TEAM	TEAM	0:10:38	0:00:31	0:33:42	0:00:20	0:22:10	1:07:22
10	136	Ryan Rath	M		9	M40-44	40	0:09:09	0:00:58	0:32:33	0:00:41	0:24:19	1:07:40
11	119	William Davis	M		10	M35-39	35	0:08:32	0:02:04	0:35:57	0:00:46	0:20:39	1:07:59
12	214	Gregory Billus	M		11	M40-44	43	0:10:24	0:01:15	0:32:58	0:00:55	0:23:48	1:09:21
13	220	Jay Tyler	M		12	M40-44	44	0:09:12	0:01:08	0:32:16	0:00:53	0:26:16	1:09:45
14	77	The Ants	TEAM		2	TEAM	TEAM	0:08:11	0:00:28	0:37:13	0:01:01	0:22:51	1:09:45
15	425	John MacDonald	M		13	M20-24	20	0:06:37	0:01:35	0:38:01	0:00:57	0:23:00	1:10:10
16	427	Dean Akins	M		14	M20-24	22	0:09:38	0:01:20	0:36:51	0:00:56	0:21:27	1:10:12
17	113	Jonathan Conkling	M		15	M30-34	33	0:07:15	0:01:40	0:35:39	0:01:01	0:25:02	1:10:37
18	213	Anthony pharo	M		16	M40-44	43	0:09:20	0:02:11	0:33:47	0:00:56	0:25:09	1:11:22
19	127	Christian Gee	M		17	M35-39	38	0:08:48	0:01:02	0:36:16	0:00:42	0:24:36	1:11:25
20	59	Connor Grant-Knight	M		18	M15-19	17	0:07:55	0:01:44	0:41:44	0:00:27	0:19:40	1:11:31
21	58	Brian Vargo	M		19	M15-19	16	0:09:28	0:01:37	0:35:38	0:00:55	0:23:59	1:11:38
22	329	Aurora Lamperetta	F		1	Overall Female	37	0:10:02	0:01:39	0:34:53	0:01:16	0:24:07	1:11:56
23	116	Alex Ciota	M		20	M30-34	34	0:08:26	0:01:22	0:36:24	0:00:43	0:25:20	1:12:16
24	210	Pat Sommo	M		21	M40-44	42	0:07:58	0:01:09	0:38:26	0:00:41	0:24:27	1:12:41
25	68	Hugh Dunseath	M		22	M65-69	66	0:08:01	0:01:24	0:36:46	0:00:48	0:25:57	1:12:56
26	424	Tim Russell	M		23	M20-24	20	0:09:08	0:02:02	0:37:28	0:00:19	0:24:07	1:13:04
27	230	Bobby Hanson	M		24	M45-49	48	0:09:18	0:01:49	0:36:00	0:00:51	0:25:18	1:13:17
28	201	Michael Pickering	M		25	M40-44	40	0:08:45	0:01:53	0:37:30	0:01:19	0:24:33	1:13:59
29	202	Jim Leggett	M		26	M40-44	40	0:09:12	0:01:23	0:38:42	0:00:33	0:24:29	1:14:20
30	312	Selina Lenetsky	F		2	Overall Female	32	0:09:29	0:01:39	0:39:08	0:00:57	0:23:17	1:14:30
31	206	Jon Whalen	M		27	M40-44	41	0:08:28	0:02:40	0:37:43	0:01:07	0:25:41	1:15:39
32	75	Team Schuylerville	TEAM		3	TEAM	TEAM	0:00:22	0:49:58			0:25:29	1:15:48
33	125	Patrick Ryan	M		28	M35-39	37	0:07:19	0:01:19	0:39:54	0:00:54	0:26:49	1:16:15
34	72	Nothing to Lose Racing	TEAM		4	TEAM	TEAM	0:12:08	0:00:32	0:37:17	0:00:20	0:26:06	1:16:22

35	104	Andy Akins	M	29	M25-29	27	0:12:50	0:02:14	0:37:20	0:00:53	0:23:08	1:16:25
36	229	Michael Robinson	M	30	M45-49	47	0:08:17	0:01:59	0:35:55	0:00:53	0:29:32	1:16:37
37	313	Tammy Friend	F	4	Overall Female	33	0:10:30	0:01:51	0:38:48	0:00:54	0:24:46	1:16:50
38	118	Wayne McCormick	M	31	M30-34	34	0:10:44	0:02:36	0:38:15	0:01:05	0:24:50	1:17:30
39	114	Sean Montieth	M	32	M30-34	33	0:09:35	0:02:53	0:40:00	0:02:05	0:23:23	1:17:56
40	130	David Hill	M	33	M35-39	38	0:08:59	0:02:30	0:38:47	0:01:11	0:26:30	1:17:58
41	428	Gary Ethier	M	34	M40-44	41	0:08:11	0:01:20	0:40:45	0:00:43	0:27:42	1:18:40
42	219	Kenneth Lane	M	35	M40-44	44	0:10:06	0:03:51	0:38:27	0:01:27	0:24:51	1:18:41
43	63	Frank Bender	M	36	M55-59	59	0:09:14	0:02:00	0:39:15	0:01:12	0:27:05	1:18:45
44	203	David Cornell	M	37	M40-44	40	0:10:37	0:01:56	0:38:34	0:02:31	0:25:28	1:19:05
45	106	Stephen Finkle	M	38	M25-29	29	0:07:20	0:01:28	0:41:25	0:00:39	0:28:29	1:19:21
46	319	Jennifer kendrick	F	5	F35-39	35	0:10:03	0:01:46	0:36:24	0:01:23	0:30:06	1:19:42
47	403	Elise Britt	F	6	F20-24	23	0:11:06	0:02:04	0:41:14	0:00:51	0:24:53	1:20:09
48	315	Kristen LeClair	F	7	F30-34	33	0:09:21	0:01:11	0:40:41	0:00:55	0:28:22	1:20:30
49	231	Howard Kreitsek	M	39	M45-49	49	0:09:47	0:01:36	0:40:52	0:00:56	0:27:22	1:20:33
50	225	Paul Gebhard	M	40	M45-49	46	0:09:25	0:02:00	0:40:34	0:01:40	0:26:56	1:20:36
51	103	Matthew Martin	M	41	M25-29	27	0:12:48	0:02:15	0:42:30	0:01:11	0:23:25	1:22:09
52	64	John Turner	M	42	M60-64	60	0:12:04	0:02:36	0:40:27	0:00:49	0:26:16	1:22:12
53	307	Kristin Harnden	F	8	F25-29	29	0:08:18	0:01:56	0:42:45	0:01:09	0:28:20	1:22:28
54	222	Daniel DeGennaro	M	43	M45-49	45	0:11:44	0:01:53	0:39:31	0:00:54	0:28:27	1:22:29
55	401	Rachel Carlson	F	9	F20-24	20	0:08:39	0:01:59	0:43:53	0:01:05	0:27:35	1:23:10
56	226	John Young	M	44	M45-49	47	0:12:09	0:03:18	0:40:18	0:00:42	0:26:43	1:23:10
57	409	Jenny Stahl	F	10	F40-44	41	0:09:14	0:01:43	0:42:11	0:00:58	0:29:10	1:23:15
58	317	Sarah Peters	F	11	F30-34	34	0:09:06	0:02:39	0:41:35	0:01:31	0:28:24	1:23:16
59	223	Robert Hankinson	M	45	M45-49	45	0:11:15	0:02:54	0:40:28	0:00:59	0:27:54	1:23:30
60	212	Dougie Fresh Gerhardt	M	46	M40-44	43	0:10:23	0:04:13	0:42:42	0:01:28	0:24:52	1:23:38
61	102	John Baranoski	M	47	M25-29	26	0:09:21	0:01:34	0:43:41	0:00:57	0:28:17	1:23:50
62	69	Robert Cheney	M	48	M65-69	69	0:11:59	0:01:37	0:41:12	0:01:13	0:27:58	1:23:59
63	224	Scott Goodwill	M	49	M45-49	46	0:10:49	0:03:00	0:39:42	0:01:18	0:29:16	1:24:06
64	107	Ral Mazza	M	50	M30-34	30	0:10:36	0:02:44	0:40:31	0:01:19	0:29:25	1:24:33
65	78	The Neckbeards	TEAM	5	TEAM	TEAM	0:11:44	0:00:33	0:44:48	0:00:25	0:27:10	1:24:40
66	55	Ann Markes	F	12	F50-54	52	0:08:35	0:01:43	0:41:54	0:01:00	0:31:35	1:24:46
67	76	Team Tri Hard	TEAM	6	TEAM	TEAM	0:09:04	0:00:57	0:44:02	0:00:27	0:30:54	1:25:24
68	221	John Guastella	M	51	M40-44	44	0:12:39	0:01:44	0:38:59	0:01:30	0:30:39	1:25:31
69	51	Kaileigh Moore	F	13	F15-19	19	0:08:29	0:03:03	0:44:40	0:01:01	0:28:21	1:25:34
70	128	Michael Montalto	M	52	M35-39	38	0:11:11	0:02:31	0:42:01	0:02:22	0:27:52	1:25:57
71	330	Julie Hanson	F	14	F35-39	37	0:08:59	0:03:02	0:42:51	0:01:27	0:30:04	1:26:24
72	54	Maureen Roberts	F	15	F50-54	52	0:12:08	0:01:26	0:44:40	0:01:06	0:27:10	1:26:30
73	122	Anthony Lydon	M	53	M35-39	36	0:09:24	0:01:48	0:43:36	0:01:26	0:30:19	1:26:33
74	406	Karyn Fragomeni	F	16	F40-44	40	0:08:19	0:01:34	0:44:58	0:00:30	0:31:28	1:26:49
75	417	Mary Beth Ryan	F	17	F40-44	44	0:09:04	0:01:31	0:43:47	0:01:05	0:31:55	1:27:21

76	217	Jeff DeWeese	M	54	M40-44	43	0:08:54	0:02:16	0:42:26	0:01:16	0:32:32	1:27:24
77	302	Braelin Thornton	F	18	F25-29	26	0:11:45	0:01:08	0:43:29	0:01:23	0:30:00	1:27:45
78	65	Daniel Lynch	M	55	M60-64	60	0:11:27	0:02:35	0:40:29	0:01:18	0:32:19	1:28:08
79	405	Angela Mayhew	F	19	F40-44	40	0:10:21	0:01:47	0:42:23	0:00:47	0:33:18	1:28:35
80	407	Christl Mueller	F	20	F40-44	40	0:09:01	0:02:39	0:43:27	0:01:22	0:32:24	1:28:53
81	309	Kendra Farstad	F	21	F30-34	30	0:11:53	0:02:44	0:43:58	0:01:27	0:28:52	1:28:54
82	207	John Lawrence	M	56	M40-44	41	0:10:59	0:02:06	0:44:24	0:00:52	0:28:35	1:28:55
83	311	Ruth Robertson	F	22	F30-34	32	0:12:16	0:03:08	0:44:54	0:01:15	0:27:22	1:28:56
84	306	Ariel Dickson	F	23	F25-29	29	0:12:01	0:02:49	0:45:43	0:00:57	0:27:29	1:28:59
85	57	Christine McKnight	F	24	F60-64	62	0:12:19	0:01:08	0:42:10	0:00:34	0:32:57	1:29:07
86	228	Jeffrey Halstead	M	57	M45-49	47	0:11:34	0:02:55	0:45:45	0:00:51	0:28:46	1:29:52
87	111	Thomas Dawson Jr	M	58	M30-34	32	0:12:24	0:02:35	0:45:31	0:00:54	0:28:41	1:30:04
88	318	Kerry Genter	F	25	F30-34	34	0:12:24	0:03:03	0:46:23	0:00:54	0:27:36	1:30:20
89	134	Carlos Luna	M	59	M35-39	39	0:13:51	0:02:25	0:44:38	0:01:12	0:28:31	1:30:36
90	338	Mary Harrison	F	26	F35-39	39	0:09:15	0:03:44	0:45:21	0:02:09	0:30:16	1:30:46
91	402	Laura Persico	F	27	F20-24	22	0:09:24	0:01:57	0:44:02	0:01:16	0:34:42	1:31:21
92	337	Karen Credno	F	28	F35-39	39	0:13:07	0:01:40	0:44:21	0:01:07	0:31:08	1:31:22
93	67	Douglas Kabat	M	60	M60-64	64	0:11:59	0:03:53	0:43:08	0:01:45	0:31:22	1:32:06
94	422	Paula DeVantier	F	29	F45-49	48	0:09:53	0:02:14	0:40:59	0:01:32	0:37:35	1:32:13
95	418	Mary Dalaba	F	30	F45-49	45	0:11:47	0:01:54	0:43:47	0:01:32	0:33:17	1:32:18
96	314	Mary Campa	F	31	F30-34	33	0:11:12	0:02:17	0:48:48	0:00:32	0:29:28	1:32:18
97	335	Carol Fox	F	32	F35-39	39	0:11:26	0:03:24	0:47:54	0:01:38	0:28:08	1:32:30
98	324	Jennifer Wasserstrom	F	33	F35-39	36	0:11:43	0:02:46	0:47:52	0:00:45	0:29:35	1:32:41
99	121	Brian Waghorn	M	61	M35-39	36	0:12:58	0:03:16	0:46:21	0:00:44	0:29:38	1:32:57
100	50	Madison Leggett	F	34	F10-14	12	0:11:05	0:01:48	0:48:29	0:01:30	0:30:09	1:33:02
101	109	John Evansky	M	62	M30-34	32	0:13:44	0:03:21	0:44:35	0:02:18	0:29:46	1:33:44
102	327	Rachel Knaggs	F	35	F35-39	37	0:10:03	0:02:44	0:43:40	0:01:09	0:36:09	1:33:45
103	334	Christina Tarnacki	F	36	F35-39	38	0:12:48	0:01:58	0:45:59	0:01:35	0:31:45	1:34:04
104	323	Jodi Plante	F	37	F35-39	36	0:10:41	0:03:14	0:43:09	0:03:14	0:33:48	1:34:05
105	215	Mark Lurz	M	63	M40-44	43	0:15:18	0:04:06	0:42:58	0:01:29	0:30:32	1:34:24
106	205	Jeff Marlett	M	64	M40-44	41	0:11:30	0:03:42	0:51:29	0:00:54	0:27:05	1:34:39
107	115	Paul Shreeman	M	65	M30-34	34	0:10:29	0:02:43	0:45:34	0:01:02	0:35:17	1:35:05
108	304	Olya Prevo	F	38	F25-29	28	0:11:07	0:01:57	0:51:07	0:00:46	0:30:25	1:35:22
109	133	Eric Canterbury	M	66	M35-39	39	0:13:03	0:02:29	0:51:37	0:00:26	0:27:51	1:35:25
110	326	Christine Holmes	F	39	F35-39	36	0:13:10	0:01:10	0:45:47	0:01:02	0:34:20	1:35:28
111	112	Jarred Smith	M	67	M30-34	33	0:14:03	0:02:43	0:44:48	0:02:35	0:34:17	1:38:27
112	328	Nicole Byrne	F	40	F35-39	37	0:12:24	0:02:28	0:51:08	0:00:55	0:31:59	1:38:53
113	420	Susan Halstead	F	41	F45-49	46	0:13:17	0:02:48	0:50:11	0:00:56	0:32:22	1:39:34
114	414	Christina Brueggemann	F	42	F40-44	42	0:10:37	0:02:07	0:52:21	0:01:38	0:32:50	1:39:34
115	423	Mary Ellen Burt	F	43	F45-49	49	0:11:53	0:02:55	0:49:50	0:02:32	0:32:25	1:39:35

116	415	Rebecca Phillips	F	44	F40-44	42	0:13:51	0:02:01	0:47:55	0:00:37	0:35:28	1:39:53
117	430	Dan Miller	M	68	M20-24	24	0:10:29	0:01:19	0:55:53	0:00:23	0:31:58	1:40:02
118	333	Barbara Cearley	F	45	F35-39	38	0:12:04	0:03:01	0:45:18	0:02:22	0:37:39	1:40:25
119	132	Pete Keating	M	69	M35-39	39	0:13:58	0:02:05	0:47:49	0:00:49	0:36:00	1:40:40
120	325	Jenness Cunningham	F	46	F35-39	36	0:11:04	0:03:35	0:50:17	0:03:59	0:32:12	1:41:07
121	62	Mark Bancroft	M	70	M55-59	59	0:11:21	0:04:33	0:50:28	0:01:13	0:34:50	1:42:24
122	316	Sarah Klein	F	47	F30-34	33	0:10:22	0:02:24	0:49:16	0:00:57	0:39:47	1:42:47
123	208	Ian Carlson	M	71	M40-44	41	0:14:19	0:03:39	0:56:07	0:00:52	0:28:18	1:43:15
124	413	Janice Decker	F	48	F40-44	41	0:16:59	0:04:57	0:51:01	0:01:26	0:29:18	1:43:41
125	74	Team 1st Tri	TEAM	7	TEAM	TEAM	0:09:25	0:00:41	0:54:19	0:00:24	0:39:14	1:44:02
126	320	Jill Guarino	F	50	F35-39	35	0:10:14	0:03:27	0:55:21	0:01:33	0:34:19	1:44:55
127	410	Kathleen Evans	F	51	F40-44	41	0:11:37	0:02:34	0:51:23	0:01:35	0:38:14	1:45:23
128	120	Vincent Nagengast	M	72	M35-39	35	0:16:54	0:50:54	0:00:04	0:04:22	0:33:31	1:45:45
129	73	Smokin Hot Trio	TEAM	8	TEAM	TEAM	0:09:43	0:00:40	1:10:18	0:00:31	0:25:08	1:46:19
130	301	Kristin McDonough	F	52	F25-29	26	0:11:15	0:03:31	0:55:53	0:01:26	0:34:18	1:46:24
131	419	Suzanne Dlorio	F	53	F45-49	46	0:14:26	0:02:45	0:49:28	0:01:20	0:38:38	1:46:38
132	404	Alyssa Goodman	F	54	F20-24	23	0:15:50	0:02:45	0:56:47	0:00:53	0:32:04	1:48:20
133	412	Vicky Carson	F	55	F40-44	41	0:16:24	0:03:06	0:57:39	0:00:54	0:30:35	1:48:38
134	421	Kim MacVane	F	56	F45-49	46	0:14:44	0:05:11	0:54:27	0:01:09	0:35:55	1:51:27
135	70	Armand Langevin	M	73	M70OVER	73	0:14:27	0:04:01	0:52:24	0:01:06	0:41:06	1:53:04
136	56	Joyce Bartlett	F	57	F60-64	62	0:10:29	0:02:21	0:52:00	0:01:23	0:48:33	1:54:46
137	308	Rebecca Whitbeck	F	58	F25-29	29	0:12:22	0:02:26	0:56:10	0:00:54	0:45:52	1:57:45
138	53	Jennifer Johnson	F	59	F25-29	25	0:10:27	0:02:20	1:07:25	0:00:35	0:38:09	1:58:57
139	66	Paul Crossman	M	74	M60-64	63	0:13:43	0:05:13	0:56:48	0:01:01	0:46:17	2:03:02
140	321	Lisa Delaney-Miller	F	60	F35-39	35	0:13:47	0:02:56	1:03:32	0:00:44	0:45:43	2:06:42
141	332	Jennifer Bergbom	F	61	F35-39	38	0:11:40	0:03:28	1:03:41	0:00:57	0:48:21	2:08:06
DNF	209	Robert Filkins	M	75	M40-44	42	0:12:08	0:02:56	0:37:16	0:01:45		