

**Hudson Crossing Triathlon**  
**Sunday, June 13, 2010**  
**Timed by YellowJacket Racing**  
**Total Finishers: 141 (74 Male, 59 Female, 8 Teams)**

Pos	Bib	Fullname	Gender	Class	Age	SwimTm	T1Tm	BikeTm	T2Tm	RunTm	TotalTm
Overall Male											
1	79	Brian Trainor	M	Overall Male	19	0:08:00	0:00:29	0:32:11	0:00:38	0:18:55	1:00:13
2	117	Patrick O'Keeffe	M	Overall Male	34	0:05:54	0:00:44	0:31:59	0:00:29	0:21:08	1:00:14
3	211	Michael Halstead	M	Overall Male	43	0:06:59	0:00:48	0:31:44	0:00:31	0:20:14	1:00:15
Overall Female											
1	329	Aurora Lamperetta	F	Overall Female	37	0:10:02	0:01:39	0:34:53	0:01:16	0:24:07	1:11:56
2	312	Selina Lenetsky	F	Overall Female	32	0:09:29	0:01:39	0:39:08	0:00:57	0:23:17	1:14:30
3	313	Tammy Friend	F	Overall Female	33	0:10:30	0:01:51	0:38:48	0:00:54	0:24:46	1:16:50
F10-14											
1	50	Madison Leggett	F	F10-14	12	0:11:05	0:01:48	0:48:29	0:01:30	0:30:09	1:33:02
F15-19											
1	51	Kaileigh Moore	F	F15-19	19	0:08:29	0:03:03	0:44:40	0:01:01	0:28:21	1:25:34
F20-24											
1	403	Elise Britt	F	F20-24	23	0:11:06	0:02:04	0:41:14	0:00:51	0:24:53	1:20:09
2	401	Rachel Carlson	F	F20-24	20	0:08:39	0:01:59	0:43:53	0:01:05	0:27:35	1:23:10
3	402	Laura Persico	F	F20-24	22	0:09:24	0:01:57	0:44:02	0:01:16	0:34:42	1:31:21
4	404	Alyssa Goodman	F	F20-24	23	0:15:50	0:02:45	0:56:47	0:00:53	0:32:04	1:48:20
F25-29											
1	307	Kristin Harnden	F	F25-29	29	0:08:18	0:01:56	0:42:45	0:01:09	0:28:20	1:22:28
2	302	Braelin Thornton	F	F25-29	26	0:11:45	0:01:08	0:43:29	0:01:23	0:30:00	1:27:45
3	306	Ariel Dickson	F	F25-29	29	0:12:01	0:02:49	0:45:43	0:00:57	0:27:29	1:28:59
4	304	Olya Prevo	F	F25-29	28	0:11:07	0:01:57	0:51:07	0:00:46	0:30:25	1:35:22
5	301	Kristin McDonough	F	F25-29	26	0:11:15	0:03:31	0:55:53	0:01:26	0:34:18	1:46:24
6	308	Rebecca Whitbeck	F	F25-29	29	0:12:22	0:02:26	0:56:10	0:00:54	0:45:52	1:57:45
7	53	Jennifer Johnson	F	F25-29	25	0:10:27	0:02:20	1:07:25	0:00:35	0:38:09	1:58:57
F30-34											

1	315 Kristen LeClair	F	F30-34	33	0:09:21	0:01:11	0:40:41	0:00:55	0:28:22	1:20:30
2	317 Sarah Peters	F	F30-34	34	0:09:06	0:02:39	0:41:35	0:01:31	0:28:24	1:23:16
3	309 Kendra Farstad	F	F30-34	30	0:11:53	0:02:44	0:43:58	0:01:27	0:28:52	1:28:54
4	311 Ruth Robertson	F	F30-34	32	0:12:16	0:03:08	0:44:54	0:01:15	0:27:22	1:28:56
5	318 Kerry Genter	F	F30-34	34	0:12:24	0:03:03	0:46:23	0:00:54	0:27:36	1:30:20
6	314 Mary Campa	F	F30-34	33	0:11:12	0:02:17	0:48:48	0:00:32	0:29:28	1:32:18
7	316 Sarah Klein	F	F30-34	33	0:10:22	0:02:24	0:49:16	0:00:57	0:39:47	1:42:47

F35-39

1	319 Jennifer kendrick	F	F35-39	35	0:10:03	0:01:46	0:36:24	0:01:23	0:30:06	1:19:42
2	330 Julie Hanson	F	F35-39	37	0:08:59	0:03:02	0:42:51	0:01:27	0:30:04	1:26:24
3	338 Mary Harrison	F	F35-39	39	0:09:15	0:03:44	0:45:21	0:02:09	0:30:16	1:30:46
4	337 Karen Credno	F	F35-39	39	0:13:07	0:01:40	0:44:21	0:01:07	0:31:08	1:31:22
5	335 Carol Fox	F	F35-39	39	0:11:26	0:03:24	0:47:54	0:01:38	0:28:08	1:32:30
6	324 Jennifer Wasserstrom	F	F35-39	36	0:11:43	0:02:46	0:47:52	0:00:45	0:29:35	1:32:41
7	327 Rachel Knaggs	F	F35-39	37	0:10:03	0:02:44	0:43:40	0:01:09	0:36:09	1:33:45
8	334 Christina Tarnacki	F	F35-39	38	0:12:48	0:01:58	0:45:59	0:01:35	0:31:45	1:34:04
9	323 Jodi Plante	F	F35-39	36	0:10:41	0:03:14	0:43:09	0:03:14	0:33:48	1:34:05
10	326 Christine Holmes	F	F35-39	36	0:13:10	0:01:10	0:45:47	0:01:02	0:34:20	1:35:28
11	328 Nicole Byrne	F	F35-39	37	0:12:24	0:02:28	0:51:08	0:00:55	0:31:59	1:38:53
12	333 Barbara Cearley	F	F35-39	38	0:12:04	0:03:01	0:45:18	0:02:22	0:37:39	1:40:25
13	325 Jenness Cunningham	F	F35-39	36	0:11:04	0:03:35	0:50:17	0:03:59	0:32:12	1:41:07
14	320 Jill Guarino	F	F35-39	35	0:10:14	0:03:27	0:55:21	0:01:33	0:34:19	1:44:55
15	321 Lisa Delaney-Miller	F	F35-39	35	0:13:47	0:02:56	1:03:32	0:00:44	0:45:43	2:06:42
16	332 Jennifer Bergbom	F	F35-39	38	0:11:40	0:03:28	1:03:41	0:00:57	0:48:21	2:08:06

F40-44

1	409 Jenny Stahl	F	F40-44	41	0:09:14	0:01:43	0:42:11	0:00:58	0:29:10	1:23:15
2	406 Karyn Fragomeni	F	F40-44	40	0:08:19	0:01:34	0:44:58	0:00:30	0:31:28	1:26:49
3	417 Mary Beth Ryan	F	F40-44	44	0:09:04	0:01:31	0:43:47	0:01:05	0:31:55	1:27:21
4	405 Angela Mayhew	F	F40-44	40	0:10:21	0:01:47	0:42:23	0:00:47	0:33:18	1:28:35
5	407 Christl Mueller	F	F40-44	40	0:09:01	0:02:39	0:43:27	0:01:22	0:32:24	1:28:53
6	414 Christina Brueggemann	F	F40-44	42	0:10:37	0:02:07	0:52:21	0:01:38	0:32:50	1:39:34
7	415 Rebecca Phillips	F	F40-44	42	0:13:51	0:02:01	0:47:55	0:00:37	0:35:28	1:39:53
8	413 Janice Decker	F	F40-44	41	0:16:59	0:04:57	0:51:01	0:01:26	0:29:18	1:43:41
9	410 Kathleen Evans	F	F40-44	41	0:11:37	0:02:34	0:51:23	0:01:35	0:38:14	1:45:23
10	412 Vicky Carson	F	F40-44	41	0:16:24	0:03:06	0:57:39	0:00:54	0:30:35	1:48:38

F45-49

1	422 Paula DeVantier	F	F45-49	48	0:09:53	0:02:14	0:40:59	0:01:32	0:37:35	1:32:13
2	418 Mary Dalaba	F	F45-49	45	0:11:47	0:01:54	0:43:47	0:01:32	0:33:17	1:32:18
3	420 Susan Halstead	F	F45-49	46	0:13:17	0:02:48	0:50:11	0:00:56	0:32:22	1:39:34
4	423 Mary Ellen Burt	F	F45-49	49	0:11:53	0:02:55	0:49:50	0:02:32	0:32:25	1:39:35
5	419 Suzanne Dlorio	F	F45-49	46	0:14:26	0:02:45	0:49:28	0:01:20	0:38:38	1:46:38
6	421 Kim MacVane	F	F45-49	46	0:14:44	0:05:11	0:54:27	0:01:09	0:35:55	1:51:27
F50-54										
1	55 Ann Markes	F	F50-54	52	0:08:35	0:01:43	0:41:54	0:01:00	0:31:35	1:24:46
2	54 Maureen Roberts	F	F50-54	52	0:12:08	0:01:26	0:44:40	0:01:06	0:27:10	1:26:30
F60-64										
1	57 Christine McKnight	F	F60-64	62	0:12:19	0:01:08	0:42:10	0:00:34	0:32:57	1:29:07
2	56 Joyce Bartlett	F	F60-64	62	0:10:29	0:02:21	0:52:00	0:01:23	0:48:33	1:54:46
M15-19										
1	59 Connor Grant-Knight	M	M15-19	17	0:07:55	0:01:44	0:41:44	0:00:27	0:19:40	1:11:31
2	58 Brian Vargo	M	M15-19	16	0:09:28	0:01:37	0:35:38	0:00:55	0:23:59	1:11:38
M20-24										
1	426 Steven Vargo	M	M20-24	21	0:08:15	0:01:01	0:34:15	0:00:39	0:21:40	1:05:50
2	425 John MacDonald	M	M20-24	20	0:06:37	0:01:35	0:38:01	0:00:57	0:23:00	1:10:10
3	427 Dean Akins	M	M20-24	22	0:09:38	0:01:20	0:36:51	0:00:56	0:21:27	1:10:12
4	424 Tim Russell	M	M20-24	20	0:09:08	0:02:02	0:37:28	0:00:19	0:24:07	1:13:04
5	430 Dan Miller	M	M20-24	24	0:10:29	0:01:19	0:55:53	0:00:23	0:31:58	1:40:02
M25-29										
1	104 Andy Akins	M	M25-29	27	0:12:50	0:02:14	0:37:20	0:00:53	0:23:08	1:16:25
2	106 Stephen Finkle	M	M25-29	29	0:07:20	0:01:28	0:41:25	0:00:39	0:28:29	1:19:21
3	103 Matthew Martin	M	M25-29	27	0:12:48	0:02:15	0:42:30	0:01:11	0:23:25	1:22:09
4	102 John Baranoski	M	M25-29	26	0:09:21	0:01:34	0:43:41	0:00:57	0:28:17	1:23:50
M30-34										
1	108 Jason Hart	M	M30-34	31	0:08:42	0:00:42	0:34:13	0:00:29	0:19:59	1:04:05
2	113 Jonathan Conkling	M	M30-34	33	0:07:15	0:01:40	0:35:39	0:01:01	0:25:02	1:10:37
3	116 Alex Ciota	M	M30-34	34	0:08:26	0:01:22	0:36:24	0:00:43	0:25:20	1:12:16
4	118 Wayne McCormick	M	M30-34	34	0:10:44	0:02:36	0:38:15	0:01:05	0:24:50	1:17:30
5	114 Sean Montieth	M	M30-34	33	0:09:35	0:02:53	0:40:00	0:02:05	0:23:23	1:17:56
6	107 Ral Mazza	M	M30-34	30	0:10:36	0:02:44	0:40:31	0:01:19	0:29:25	1:24:33

7	111 Thomas Dawson Jr	M	M30-34	32	0:12:24	0:02:35	0:45:31	0:00:54	0:28:41	1:30:04
8	109 John Evansky	M	M30-34	32	0:13:44	0:03:21	0:44:35	0:02:18	0:29:46	1:33:44
9	115 Paul Shreeman	M	M30-34	34	0:10:29	0:02:43	0:45:34	0:01:02	0:35:17	1:35:05
10	112 Jarred Smith	M	M30-34	33	0:14:03	0:02:43	0:44:48	0:02:35	0:34:17	1:38:27

M35-39

1	123 Keith Murray	M	M35-39	36	0:05:56	0:00:52	0:33:47	0:00:43	0:20:55	1:02:12
2	119 William Davis	M	M35-39	35	0:08:32	0:02:04	0:35:57	0:00:46	0:20:39	1:07:59
3	127 Christian Gee	M	M35-39	38	0:08:48	0:01:02	0:36:16	0:00:42	0:24:36	1:11:25
4	125 Patrick Ryan	M	M35-39	37	0:07:19	0:01:19	0:39:54	0:00:54	0:26:49	1:16:15
5	130 David Hill	M	M35-39	38	0:08:59	0:02:30	0:38:47	0:01:11	0:26:30	1:17:58
6	128 Michael Montalto	M	M35-39	38	0:11:11	0:02:31	0:42:01	0:02:22	0:27:52	1:25:57
7	122 Anthony Lydon	M	M35-39	36	0:09:24	0:01:48	0:43:36	0:01:26	0:30:19	1:26:33
8	134 Carlos Luna	M	M35-39	39	0:13:51	0:02:25	0:44:38	0:01:12	0:28:31	1:30:36
9	121 Brian Waghorn	M	M35-39	36	0:12:58	0:03:16	0:46:21	0:00:44	0:29:38	1:32:57
10	133 Eric Canterbury	M	M35-39	39	0:13:03	0:02:29	0:51:37	0:00:26	0:27:51	1:35:25
11	132 Pete Keating	M	M35-39	39	0:13:58	0:02:05	0:47:49	0:00:49	0:36:00	1:40:40
12	120 Vincent Nagengast	M	M35-39	35	0:16:54	0:50:54	0:00:04	0:04:22	0:33:31	1:45:45

M40-44

1	216 Jon Hussey	M	M40-44	43	0:07:01	0:00:55	0:33:12	0:00:40	0:21:20	1:03:07
2	218 Steve Becker	M	M40-44	43	0:08:57	0:01:02	0:32:49	0:00:39	0:20:48	1:04:15
3	136 Ryan Rath	M	M40-44	40	0:09:09	0:00:58	0:32:33	0:00:41	0:24:19	1:07:40
4	214 Gregory Billus	M	M40-44	43	0:10:24	0:01:15	0:32:58	0:00:55	0:23:48	1:09:21
5	220 Jay Tyler	M	M40-44	44	0:09:12	0:01:08	0:32:16	0:00:53	0:26:16	1:09:45
6	213 Anthony pharo	M	M40-44	43	0:09:20	0:02:11	0:33:47	0:00:56	0:25:09	1:11:22
7	210 Pat Sommo	M	M40-44	42	0:07:58	0:01:09	0:38:26	0:00:41	0:24:27	1:12:41
8	201 Michael Pickering	M	M40-44	40	0:08:45	0:01:53	0:37:30	0:01:19	0:24:33	1:13:59
9	202 Jim Leggett	M	M40-44	40	0:09:12	0:01:23	0:38:42	0:00:33	0:24:29	1:14:20
10	206 Jon Whalen	M	M40-44	41	0:08:28	0:02:40	0:37:43	0:01:07	0:25:41	1:15:39
11	428 Gary Ethier	M	M40-44	41	0:08:11	0:01:20	0:40:45	0:00:43	0:27:42	1:18:40
12	219 Kenneth Lane	M	M40-44	44	0:10:06	0:03:51	0:38:27	0:01:27	0:24:51	1:18:41
13	203 David Cornell	M	M40-44	40	0:10:37	0:01:56	0:38:34	0:02:31	0:25:28	1:19:05
14	212 Dougie Fresh Gerhardt	M	M40-44	43	0:10:23	0:04:13	0:42:42	0:01:28	0:24:52	1:23:38
15	221 John Guastella	M	M40-44	44	0:12:39	0:01:44	0:38:59	0:01:30	0:30:39	1:25:31
16	217 Jeff DeWeese	M	M40-44	43	0:08:54	0:02:16	0:42:26	0:01:16	0:32:32	1:27:24
17	207 John Lawrence	M	M40-44	41	0:10:59	0:02:06	0:44:24	0:00:52	0:28:35	1:28:55
18	215 Mark Lurz	M	M40-44	43	0:15:18	0:04:06	0:42:58	0:01:29	0:30:32	1:34:24
19	205 Jeff Marlett	M	M40-44	41	0:11:30	0:03:42	0:51:29	0:00:54	0:27:05	1:34:39

20	208 Ian Carlson	M	M40-44	41	0:14:19	0:03:39	0:56:07	0:00:52	0:28:18	1:43:15
M45-49										
1	230 Bobby Hanson	M	M45-49	48	0:09:18	0:01:49	0:36:00	0:00:51	0:25:18	1:13:17
2	229 Michael Robinson	M	M45-49	47	0:08:17	0:01:59	0:35:55	0:00:53	0:29:32	1:16:37
3	231 Howard Kreitsek	M	M45-49	49	0:09:47	0:01:36	0:40:52	0:00:56	0:27:22	1:20:33
4	225 Paul Gebhard	M	M45-49	46	0:09:25	0:02:00	0:40:34	0:01:40	0:26:56	1:20:36
5	222 Daniel DeGennaro	M	M45-49	45	0:11:44	0:01:53	0:39:31	0:00:54	0:28:27	1:22:29
6	226 John Young	M	M45-49	47	0:12:09	0:03:18	0:40:18	0:00:42	0:26:43	1:23:10
7	223 Robert Hankinson	M	M45-49	45	0:11:15	0:02:54	0:40:28	0:00:59	0:27:54	1:23:30
8	224 Scott Goodwill	M	M45-49	46	0:10:49	0:03:00	0:39:42	0:01:18	0:29:16	1:24:06
9	228 Jeffrey Halstead	M	M45-49	47	0:11:34	0:02:55	0:45:45	0:00:51	0:28:46	1:29:52
M55-59										
1	63 Frank Bender	M	M55-59	59	0:09:14	0:02:00	0:39:15	0:01:12	0:27:05	1:18:45
2	62 Mark Bancroft	M	M55-59	59	0:11:21	0:04:33	0:50:28	0:01:13	0:34:50	1:42:24
M60-64										
1	64 John Turner	M	M60-64	60	0:12:04	0:02:36	0:40:27	0:00:49	0:26:16	1:22:12
2	65 Daniel Lynch	M	M60-64	60	0:11:27	0:02:35	0:40:29	0:01:18	0:32:19	1:28:08
3	67 Douglas Kabat	M	M60-64	64	0:11:59	0:03:53	0:43:08	0:01:45	0:31:22	1:32:06
4	66 Paul Crossman	M	M60-64	63	0:13:43	0:05:13	0:56:48	0:01:01	0:46:17	2:03:02
M65-69										
1	68 Hugh Dunseath	M	M65-69	66	0:08:01	0:01:24	0:36:46	0:00:48	0:25:57	1:12:56
2	69 Robert Cheney	M	M65-69	69	0:11:59	0:01:37	0:41:12	0:01:13	0:27:58	1:23:59
M70OVER										
1	70 Armand Langevin	M	M70OVER	73	0:14:27	0:04:01	0:52:24	0:01:06	0:41:06	1:53:04
TEAM										
1	71 Hoosic Valley Grads	M	TEAM	47	0:10:38	0:00:31	0:33:42	0:00:20	0:22:10	1:07:22
2	77 The Ants	M	TEAM	25	0:08:11	0:00:28	0:37:13	0:01:01	0:22:51	1:09:45
3	75 Team Schuylerville	M	TEAM	53	0:00:22	0:49:58			0:25:29	1:15:48
4	72 Nothing to Lose Racing	F	TEAM	19	0:12:08	0:00:32	0:37:17	0:00:20	0:26:06	1:16:22
5	78 The Neckbeards	M	TEAM	38	0:11:44	0:00:33	0:44:48	0:00:25	0:27:10	1:24:40
6	76 Team Tri Hard	M	TEAM	29	0:09:04	0:00:57	0:44:02	0:00:27	0:30:54	1:25:24
7	74 Team 1st Tri	F	TEAM	46	0:09:25	0:00:41	0:54:19	0:00:24	0:39:14	1:44:02
8	73 Smokin Hot Trio	M	TEAM	23	0:09:43	0:00:40	1:10:18	0:00:31	0:25:08	1:46:19